

Lagging Skills Lead to Challenging Behavior

This student consistently struggles with...

	YES	NO
1. Understanding time and how to manage time	<input type="checkbox"/>	<input type="checkbox"/>
2. Thinking about the consequences of an action before taking action	<input type="checkbox"/>	<input type="checkbox"/>
3. Transitioning smoothly from one activity to another	<input type="checkbox"/>	<input type="checkbox"/>
4. Tuning out extraneous noises and stimuli	<input type="checkbox"/>	<input type="checkbox"/>
5. Maintaining focus and attention on challenging or boring tasks	<input type="checkbox"/>	<input type="checkbox"/>
6. Following a logical sequence of steps when completing a task	<input type="checkbox"/>	<input type="checkbox"/>
7. Managing frustration and thinking rationally	<input type="checkbox"/>	<input type="checkbox"/>
8. Calming one's body and mind when angry, disappointed sad or worried	<input type="checkbox"/>	<input type="checkbox"/>
9. Managing energy level throughout the day	<input type="checkbox"/>	<input type="checkbox"/>
10. Seeing shades of grey, not just black-and-white	<input type="checkbox"/>	<input type="checkbox"/>
11. Going with the flow when plans, routines or rules change	<input type="checkbox"/>	<input type="checkbox"/>
12. Overgeneralizing negative statements ("Nobody likes me," or "Things always go wrong.")	<input type="checkbox"/>	<input type="checkbox"/>
13. Using language to communicate thoughts and feelings	<input type="checkbox"/>	<input type="checkbox"/>
14. Understanding auditory directions or lessons	<input type="checkbox"/>	<input type="checkbox"/>
15. Keeping up with the pace of group or classroom conversations	<input type="checkbox"/>	<input type="checkbox"/>
16. Reading and correctly interpreting body language and non-verbal cues	<input type="checkbox"/>	<input type="checkbox"/>
17. Understanding the impact on one's behavior on others	<input type="checkbox"/>	<input type="checkbox"/>
18. Seeing another person's point of view	<input type="checkbox"/>	<input type="checkbox"/>
19. Entering a conversation, a game or activity appropriately	<input type="checkbox"/>	<input type="checkbox"/>
20. Seeking attention in appropriate ways	<input type="checkbox"/>	<input type="checkbox"/>

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Scoring

Yes = 1

No = 0

Add up your scores for questions 1 - 6:
FUNCTION skills are challenging.

/ 6 = % of the EXECUTIVE

Add up your scores for questions 7 - 9:
REGULATION skills are challenging.

/ 3 = % of the EMOTION

Add up your scores for questions 10 - 12:
FLEXIBILITY skills are challenging.

/ 3 = % of the COGNITIVE

Add up your scores for questions 13 - 15:
PROCESSING skills are challenging.

/ 3 = % of the LANGUAGE

Add up your scores for questions 16 - 20:
challenging.

/ 5 = % of the SOCIAL SKILLS are

The skill areas that are the biggest challenge for this student are:

I see these skill deficits reflected most often in the following challenging behaviors: